

## **Unit 1: Anatomy and Physiology**



## Questions about the spine

Learning aim A, Topic A1

Check your understanding of the spine by answering the following questions.

- 1 How many bones are there in the vertebral column?
- 2 Complete the following table.

Region of spine	Number of bones in region

- 3 What is meant by the term 'kyphosis'?
- 4 What is meant by the term 'scoliosis'?
- 5 Name the three components of the axial skeleton.

## **Pause Point**

How could your understanding of the parts of the skeleton affect your performance in sport?