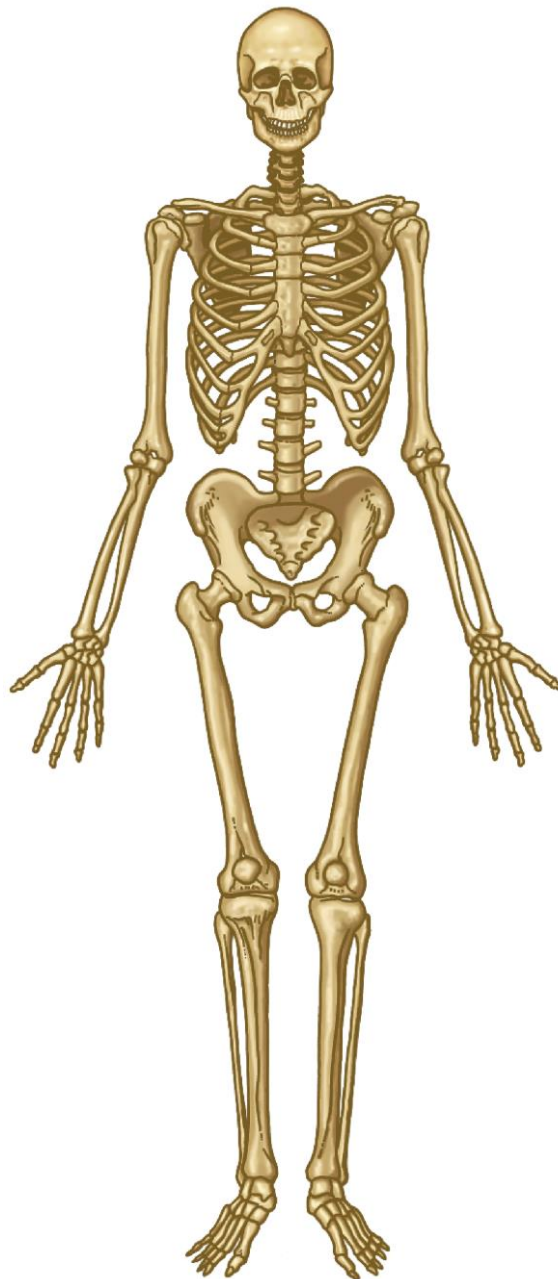


**Worksheet
1.1****The skeletal system***Learning aim A, Topic A1*

Label the main joints of the upper and lower skeleton on the diagram below.

**Pause Point**

Can you identify sports where these bones are used in its main actions? How can the movement of the bones affect performance in these sports?