



Good morning Post 16.

Congratulations! You have almost made it to the end of January. Soon the days will start to feel a bit longer and brighter – which makes everyone feels better. Hang on in there!

Reminder: you should be checking your school email at least once a day – this is important as it's the main way we communicate with you. Please also reply if we have sent you something so we know you have it.

Mrs O

Opportunities/Advice

A student survey with the chance to win an iPad

Cibyl is a leading student market research consultancy that helps schools and colleges understand what students want when going through the careers process, and empower providers to take the necessary steps to support them.

Every student who completes their 15-minute survey will have **the chance to win:**

- an iPad, Apple Pencil, and keyboard
- a £150 gift card of their choice
- £30 gift cards to ASOS, Foot Locker, or Footasylum

Every school or college that submits 50+ surveys will receive a free, anonymous report tailored to your institution. This report will benchmark you against regional and national averages, providing a data-led approach to supporting your students. The survey is data-protected with no collection of personal details.

> [Share the survey with your students](#) (submit before 12 Feb)

Interesting and Interested?

Here you can find links and information about opportunities for you to expand your academic horizons through webinars, online and live lectures and online courses, as well as college open days, apprenticeship opportunities and summer residentials.

Take a look – there is something for you!

For over 2000 lecture videos, on topics across the Arts & Sciences,
visit: www.gresham.ac.uk

Apprenticeship Accelerator

https://a.storyblok.com/f/246805/x/b8e8cf6e10/downloadable-resource-spring-virtual-event-2024.pdf?dm_i=7BMZ,5CZE,10QJ5G,M4G0,1

THE APPRENTICESHIP ACCELERATOR IS BACK!

Even more tailored advice and support to help your students navigate the apprenticeship landscape.

[FIND OUT MORE & REGISTER](#)

APPRENTICESHIP ACCELERATOR

Thursday 1st February 2024, 5:00 – 6:40 pm

Online

SHARE THE EVENT GUIDE WITH YOUR STUDENTS

**If enough of you are interested, we can run a minibus to this.
Please sign up outside Mrs O's office.**

Learn with the Lords 'in school'

a unique opportunity for Year 12 and 13 students within the Westcountry Schools Trust to meet and interact with a member of the House of Lords.

Who is it for?

An enriching experience for students of politics, history, law, sociology, business and criminology

When?

Friday 9th February 2024, 10am-12pm

Where?

Sixth Form Centre at South Dartmoor Community College

How to book

Please book your place or request more information by emailing sixthform@southdartmoor.devon.sch.uk

Bookings close at 5pm on Friday 2nd February

SIXTH FORM @ SOUTH DARTMOOR

Three free online fellowships for smart and curious y12 and 13 students:

deadline 11th Feb

If you're a smart, curious, and ambitiously altruistic student in years 11, 12, or 13, explore

how you can make a difference (and boost your UCAS/CV!) by applying for [Leaf's](#) new, free fellowships:

- **History to Shape History (for the better)** — how can you use the lessons of history to make a positive impact and steer humanity onto a better path? For HISTORY students in years 11-13.
- **The Mathematics of Morality** — how can you use mathematics to best help others

and multiply your positive impact? For MATHS students in years 11-13.

- **Dilemmas and Dangers in AI: How YOU can make a difference** — helping you master the skills needed to steer cutting-edge AI technology toward benefits for humanity.

For students of ANY SUBJECT in years 11-13.

All three are 5-week, online programmes which include:

- Oxbridge-style learning with tutorials and a cohort of smart, curious students
- Talks and Q&As with professionals tackling pressing world problems
- Support with UCAS applications and Oxbridge interviews
- Mentorship and up to £1,000 in grant funding for alumni to pursue follow-up projects

They will take place 24th February to 31st March, 2024 (5 weeks finishing up around Easter).

Fellowship spaces are competitive, and most accepted applicants will have or be predicted a high proportion of 9s at GCSE. But all applicants will be given access to use Leaf's online learning platform for self-paced exploration, so you don't need to worry about missing out.

Read more and apply at www.leaf.courses by Sunday 11th February, 2024!

Immersive Career Tasters for Ages 12-18

Live & interactive career masterclasses at UCL this term

[Medicine](#) / [Engineering](#) / [Investment Banking](#) / [Law](#) / [Psychology](#) /

[Computer Science](#) / [Entrepreneurship](#) / [8 more careers](#)

We are excited to share with you our spring term career opportunities, designed to inspire and empower students across 15 diverse industries. **Students will work alongside industry executives to gain hands on practical experience in their desired industry.**

All programmes take place on Sundays at UCL; students can also attend live online if they prefer. We were thrilled with the feedback we received on our autumn term programmes, with over 96% of students saying that they would recommend InvestIN to a friend.

We are expecting our most popular programmes to reach full capacity soon.

[VIEW ALL PROGRAMMES](#)

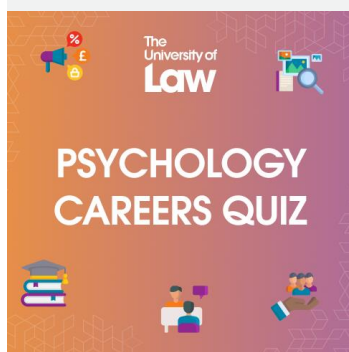


Virtual events for Careers Week 4-10 March

Our 'Explore' events include an introduction to subject related careers, a short job task, and a Q&A with a lecturer and a professional.

- [Explore Business \(6 March 4-5pm\)](#)
- [Explore Computer Science \(7 March 4-5pm\)](#)
- [Explore Criminology \(7 March 4-5pm\)](#)
- [Explore Law \(5 March 4-5pm\)](#)
- [Explore Policing \(6 March 4-5pm\)](#)
- [Explore Psychology \(5 March 4-5pm\)](#)

These events are **free** for all students to attend and students can book individually.



Which careers could psychology lead you to?

[Take the Quiz](#)



LGBTQ+ History
Month virtual lecture
28 Feb, 4-5pm

[Register for event](#)

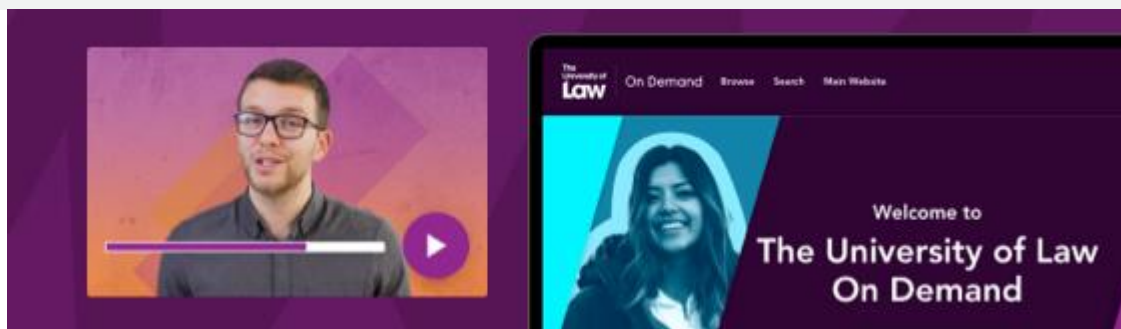


Investigate the Oscar
Pistorius case
7 Feb, 4-5.30pm

[Register for event](#)

On-Demand Resources

Access video careers related content to enhance your lessons and events:



VetCam 2024 - Introduction to Veterinary Medicine at Cambridge University
Monday 8th, Tuesday 9th and Wednesday 10th April 2024

Two-and-a-half-day residential programme for Year 11 and 12 students interested in applying to study Veterinary Medicine at Cambridge University.

The course will take place on Monday 8th, Tuesday 9th and Wednesday 10th April 2024. Early booking is essential. Places will be limited to 130 on first-come-first-served basis. **Please note that Chemistry A level (or equivalent) is mandatory, and we strongly recommend two other science subjects, normally Biology, Physics or Maths. Suitable for A and A*.**

See last week's bulletin on the website for more info.

This is an email to inform you about the Medicine Pathway Programme at Edge Hill University Medical School.

Applications are now open for 70 Year 12 students to take part in our 2024 programme which consists of an on-campus visit to Edge Hill University where students will learn about student finance, life as a doctor and take part in clinical skills sessions. There will also be an online day where students will take part in workshops with staff from each of our partnering universities: University of Liverpool, University of Manchester and Lancaster University. The programme will culminate in a 4 day, 3 night residential where students will stay at Edge Hill University and spend their days at each of our partner universities, experiencing life as a medical student.

This programme is aimed at young people from under-represented backgrounds and is free to students who take part. This is an initiative run by the Medical Schools Council and is funded by Health Education England.

Please encourage your Year 12 students to apply here - [MSC Pathway Programme Application Form 2024 \(onlinesurveys.ac.uk\)](#). More details can be found on our website - [Widening participation - Edge Hill University](#).

Applications for the 2024 Pathway Programme will open on Monday 4 December and close on Friday 1 March. Please note, we may choose to close applications early depending on the number of eligible applications we receive.

Are your students natural problem solvers, who really love maths? The actuarial profession could be for them. Not only will they get to put their maths skills to the test, they'll join a well-respected profession with plenty of opportunities to progress – in fact, the average starting salary for graduates is approximately £30,000.

As our environment becomes increasingly more digital, people with a solid foundation in maths are ready to adapt to the challenges the world faces. The actuarial profession is just one of the areas where a love of maths can really make a difference. Actuaries are smart and analytical, but also curious and adaptable with the ability to plan for the risks of tomorrow.

At the Institute and Faculty of Actuaries we have a [range of resources](#) to help teachers and careers advisers support bright young maths students considering a career in actuarial science. Stay up-to-date with the latest news, activities and events to support your student on their journey to becoming an Actuary.

Your journey to becoming an actuary



Discover the subjects that can support your students on their journey to becoming an actuary.

[Getting started](#)



You don't have to study actuarial science to become an actuary. Find out more about the range degree options your students can choose.

[Taking the next step](#)



Find out what work experience opportunities are available to your students and where they can find out more about actuarial employers.

[Find out more](#)



Duchy College

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We have our first open event of 2024 on Sat 27th Jan at our Stoke Climsland campus.

If you know someone who is looking for a college course, university degree, apprenticeship or would like to study a part-time course, come along from 10am-12pm to get a feel of our unique, close-knit campus.

Book here bit.ly/duchyopen



SAT, 27 JAN AT 10:00

Open Event Stoke Climsland

Duchy College Stoke Climsland · ...

☆ Interested



Shared to Looe and South East Corn...

Wellbeing



ACTION CALENDAR: FRIENDLY FEBRUARY

2024



MONDAY

1 Send someone a message to say how much they mean to you

8 Share what you're feeling with someone you really trust

15 Smile at the people you see and brighten their day

22 Give sincere compliments to people you talk to today

TUESDAY

2 Ask a friend how they have been feeling recently

9 Thank someone and tell them how they made a difference for you

16 Check in on someone who may be struggling and offer to help

23 Be gentle with someone who you feel inclined to criticise

WEDNESDAY

3 Do an act of kindness to make life easier for someone else

10 Look for the good in people, even when they frustrate you

17 Respond kindly to everyone you talk to today, including yourself

24 Tell a loved one about their strengths that you value most

THURSDAY

4 Organise a virtual 'tea break' with colleagues or friends

11 Send an encouraging note to someone who needs a boost

18 Appreciate the good qualities of someone in your life

25 Thank three people you feel grateful to and tell them why

FRIDAY

5 Show an active interest by asking questions when talking to others

12 Focus on being kind rather than being right

19 Share a video or message you find inspiring or helpful

26 Give positive comments to as many people as possible today

SATURDAY

6 Get back in touch with an old friend you've not seen for a while

13 Send a friendly message of support to a local business

20 Make a plan to connect with others and do something fun

27 Call a friend to catch up and really listen to them

SUNDAY

7 Make an effort to have a friendly chat with a neighbour

14 Tell your loved ones why they are special to you

21 Actively listen to what people say, without judging them

28 Make uninterrupted time for your loved ones



"The best way to cheer yourself up is to cheer somebody else up" - Mark Twain



"The only way to have a friend is to be one" - Ralph Waldo Emerson

ACTION FOR HAPPINESS



Learn more about this month's theme at www.actionforhappiness.org/friendly-february

www.actionforhappiness.org

Happier · Kinder · Together

'It's okay not to be okay'

*Talk to a friend or family member

*Talk to a helpline

*Talk to a professional you trust – this could be for example your GP, teacher or another adult.

koeth

YOUNGMINDS

childline

ONLINE, ON THE PHONE, ANYTIME



PAPYRUS

PREVENTION OF YOUNG SUICIDE

Crisis support – these organisations offer online or telephone support:

ChildLine – Call free on 0800 1111

Samaritans – Call 116 123 free

Young Minds Crisis Messenger – Text YM to

85258

The Mix – 08088084994 Crisis Messenger – Text THEMIX to 85258.

Websites that are useful sources of

information include:

Kooth – <https://www.kooth.com/>

ChildLine – <https://www.childline.org.uk/>

Young Minds – <https://youngminds.org.uk/>

Mind – <https://www.mind.org.uk/>