

## POST 16 BULLETIN

20<sup>TH</sup> FEBRUARY 2024



Good morning Post 16.

Welcome to Term 4. We are half way through the year and spring is coming.

There are a number of opportunities coming up this month. Please read through the bulletin to find out what's going on.

I usually try to put something wise and pithy into the bulletin at this time, but today I found this and I liked it, so I'm sharing it with you. Tutors, please follow the link to play the video.

Discuss:

What's the message of the film?

<https://www.youtube.com/watch?v=KsYzlyMrSBQ>

Mrs O

# Opportunities/Advice

## Interesting and Interested?

Here you can find links and information about opportunities for you to expand your academic horizons through webinars, online and live lectures and online courses, as well as college open days, apprenticeship opportunities and summer residentials.

Take a look – there is something for you!

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Good Afternoon

I am one of the Clinical Lead Managers at The Plymouth Mass Vaccination Team at Homepark. We are looking to recruit more volunteers this year to assist us with running our busy vaccination clinics at Homepark and our Outreach clinics in the Plymouth area.

I am aware that the Coombe Dean sixth form students are encouraged to volunteer in the local area and I think this would be a great opportunity for them.

This role covers both inside and outside stewarding where they would be expected to direct patients, marshalling carparking, managing queues etc.

Please see the link below where the students can apply to volunteer with us.

<https://govolunteering.co.uk/opportunities/vaccination-steward-volunteer-home-park-plymouth-0e2bceed-d3f4-4990-9245-a035cd8fe833>

Please don't hesitate to contact me if you have any further questions

KInd Regards

Ali Koehler

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## 1) Oxbridge Subject Conversations





**MATHS, Oxford University | Explore Maths: Charlotte interviews Lauren and Georgie**

Not sure which subject is best for you to apply for? Our Oxbridge [subject guides](#) (interviews with current students) give you an insider view into what studying various STEM and Econ subjects is like at Oxford and Cambridge!

**Get Oxbridge Subject Conversations here!**

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*Know students passionate  
about STEM &  
Engineering?*

**Are they 18+ but questioning whether university is for them?** Encourage them to kick-start their career journey today, with an apprenticeship at AWE.

AWE have been training apprentices to make the world a safer place for 70 years, setting them up for success in the unique and exciting defence industry.

We're looking for bright future leaders to join the 2024 cohort.



Help them to choose from a wide range of [Level 2 and 3 roles](#).

Level 2 and 3 roles at AWE are a great starting point to nurture and develop skills and be supported into onward career paths and degree level study.

What's more, those who join our award-winning apprenticeship scheme are paid a salary while they learn.

**Take a look at some of the remaining open apprenticeships:**

Level 2:

- [Supervised Practitioner](#)
- [Engineering Operative Apprentice](#)
- [Operations Apprentice](#)

Level 3:

- [Maintenance Control Apprentice](#)
- [Machine Operator Apprentice](#)
- [Computer Aided Design Technician](#)
- [Mechanical Maintenance Apprentice](#)

Chris, aged 20 in Level 3 Mechatronics Apprenticeship.

*"I studied Maths, Physics and Computer Science at 6th form which gave me the theoretical knowledge, but it was this apprenticeship that raised my practical knowledge up to the same level. Without it I wouldn't have the confidence and quality in my work to meet the standards of AWE and start my career in the professional engineering world.*

*After completing my apprenticeship in Mechatronics, I am specialising in electronics where the company is paying for me to go and complete my degree achieving the same standard as a level 6 apprenticeship."*

**Apprenticeships at AWE**

# APPRENTICE

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THE ANSWER



## APPLY NOW TO LEVEL 2-6

Please note, when clicking through to apply, job titles may appear different but reflect the same role.

Roles close on a rolling basis, meaning once positions are filled the role will close. Final deadline March 3rd. Share these opportunities and encourage applications now!



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This is an email to inform you about the Medicine Pathway Programme at Edge Hill University Medical School.

Applications are now open for 70 Year 12 students to take part in our 2024 programme which consists of an on-campus visit to Edge Hill University where students will learn about student finance, life as a doctor and take part in clinical skills sessions. There will also be an online day where students will take part in workshops with staff from each of our partnering universities: University of Liverpool, University of Manchester and Lancaster University. The programme will culminate in a 4 day, 3 night residential where students will stay at Edge Hill University and spend their days at each of our partner universities, experiencing life as a medical student.

This programme is aimed at young people from under-represented backgrounds and is free to students who take part. This is an initiative run by the Medical Schools Council and is funded by Health Education England.

Please encourage your Year 12 students to apply here - [MSC Pathway Programme Application Form 2024 \(onlinesurveys.ac.uk\)](#). More details can be found on our website - [Widening participation - Edge Hill University](#).

Applications for the 2024 Pathway Programme will open on Monday 4 December and close on Friday 1 March. Please note, we may choose to close applications early depending on the number of eligible applications we receive.

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## Access to UWE Bristol Fair

We would like to invite you and your students to our Access to UWE Bristol Fair, held at Frenchay Campus on **Wednesday 27 March 2024, 12:00-15:30**.

This is an opportunity for prospective Year 12 or Level 3, Year 1 students to find out about the wide range of services we offer to meet their needs and support a smooth transition into Higher Education. This small-scale event is designed to be accessible, reassuring and confidence building.

### Event itinerary

Students will meet a wide range of UWE Bristol service teams, such as Disability Support, Student Money Service and UWE Cares (for young carers, care leavers and estranged students) and learn about the support they provide. There will be an opportunity to take a small group tour of the campus and meet current students.

**Please note:** the event will not include any course-specific content. It can be attended by students interested in any of our courses at our Frenchay, City and Glenside campuses.

For timings and UWE Bristol support services attending, [please see our event itinerary \(PDF\)](#).

### **Who this event is aimed at**

In line with our commitment to increasing access to higher education (HE) for young people from under-represented backgrounds, we particularly welcome students from the following groups:

- Students who live in low participation neighbourhoods (e.g.: POLAR quintiles 1 or 2. Please use the [OfS postcode checker](#) to identify students).
- Students with disabilities, learning differences, mental health conditions or who are neurodivergent.
- Carers, care leavers or students estranged from their families.
- Students from Gypsy, Roma, and Traveller Communities.
- Students first in their family to experience Higher Education (neither parent has been in HE).
- Students from military families.
- Refugees.
- Students who are currently, or have previously, received free school meals during secondary education.

In addition to these groups, those who might find a larger event overwhelming and would therefore benefit from this smaller scale event are also welcome to attend.

### **How to register**

Registration is open to school groups as well as individual sign-ups. If you would like to attend the event, [please complete this short registration form](#).

Feel free to [contact us](#) if you have any questions about the event.



## Wellbeing

# You are not alone...



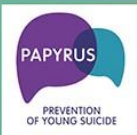
You're not alone, there's always someone to talk to. Discover some of the national and local services that are available to support you or alternatively speak to your mental health leads at school, teachers, parents and friends.



Free text, confidential and anonymous text service open 24/7  
Text: 'SHOUT' to 85258



Crisis line open 24/7 365 days a year, providing advice, support and signposting for people experiencing mental health difficulties.  
T: 0800 923 9323



Young person service for confidential suicide prevention advice, open 9am to midnight every day.  
Text: 07860 039967 Call: 0800 0684141



Free, safe and anonymous online support for young people. Kooth provides web based information and advice along with online chat based conversation and forums.  
[www.kooth.com](http://www.kooth.com)



Download the app: search for, Stay Alive  
[www.stayalive.app](http://www.stayalive.app)



Suicide bereavement support and counselling, for people bereaved or impacted by suicide. Self-referral form available on 'Contact Us' tab.  
[www.petesdragons.org.uk](http://www.petesdragons.org.uk)



Free, confidential service with trained counsellors, either online or on the phone, anytime.  
T: 0800 1111 [www.childline.org.uk](http://www.childline.org.uk)



Helpline open 24/7 365 days a year  
T: 116 123  
[www.samaritans.org](http://www.samaritans.org)  
[jo@samaritans.org](mailto:jo@samaritans.org)  
(response time 24 hours)

# ...help is at hand

***'It's okay not to be okay'***

**\*Talk to a friend or family member**

**\*Talk to a helpline**

**\*Talk to a professional you trust – this could be for example your GP , teacher or another adult.**

**kooth**

**YOUNGMINDS**

**childline**

ONLINE, ON THE PHONE, ANYTIME



**PAPYRUS**  
PREVENTION OF YOUNG SUICIDE

**Crisis support – these organisations offer online or telephone support:**

ChildLine – Call free on 0800 1111

Samaritans – Call 116 123 free

Young Minds Crisis Messenger – Text YM to 85258

The Mix - [08088084994](tel:08088084994) Crisis Messenger – Text THEMIX to [85258](tel:85258).

**If a child or young person (under 18) is experiencing a mental health crisis, you can now access CAMHS 24/7. Please contact 03300 245 321 during normal hours (8am-5pm, Mon to Fri) or 0300 555 5000 outside these hours**

**Websites that are useful sources of information include:**

Kooth – <https://www.kooth.com/>

ChildLine – <https://www.childline.org.uk/>

Young Minds – <https://youngminds.org.uk/>

Mind – <https://www.mind.org.uk/>

<https://www.nhs.uk/mental-health/feelings-symptoms-behaviours/behaviours/help-for-suicidal-thoughts/>

<https://www.plymouth.gov.uk/suicide-awareness>

[www.myblackdog.co](http://www.myblackdog.co)

<https://www.nhs.uk/nhs-services/mental-health-services/>

**Bereavement Support:**

Pete's Dragons [https://www.petesdragons.org.uk/Support in Devon 345.aspx](https://www.petesdragons.org.uk/Support_in_Devon_345.aspx)

Jeremiah's Journey <https://jeremiahsjourney.org.uk/>