"Wherever you turn, you can find someone who needs you. Even if it is a little thing, do something for which there is no pay but the privilege of doing it. Remember, you don't live in the world all of your own." ~Albert Schweitzer

# CDS P16 Community Participation Programme 2022-2023

"You make a living by what you get. You make a life by what you give." ~Winston Churchill

## Why?

- a) we value our community and we want you, our post 16 students, to have a positive role in it
- b) we want you to have every opportunity we can provide you to develop as people and explore what the future could offer.

"Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every day about the kind of community you want to live in". ~Author Unknown



#### What?

- All year 12 students are expected to take part in at least one regular activity that brings them into contact with and supports the wider community of which you are a part.
- You decide what activity you want to do.
- <u>You</u> organise your own work experience placements and volunteering activities (we will help to facilitate this but being responsible for the organisation is a key part of the experience and your development).
- <u>You</u> ensure that you are taking responsibility and acting independently being reliable, punctual and motivated.

"The best way to find yourself is to lose yourself in the service of others." – **Gandhi** 

## Why be a volunteer?

• <u>https://www.youtube.com/watch?v=jbV1TDZQAFc</u>



## What's in it for me?

- develop your personal skills outside of your lessons and reap the benefits of being part of a school community.
- open more doors of opportunity for you when you leave us at the end of your academic courses.
- chance to develop a range of wider skills that may not be so easily demonstrated in lessons and provides evidence for future employers, training providers and universities of your skills beyond the classroom which could set you apart from the competition.
- an opportunity to try out potential careers and future opportunities, helping you to make decisions about your next steps.

"We cannot live only for ourselves. A thousand fibers connect us with our fellow men." – Herman Melville

## How is it used and monitored?

- tutor monitors at key dates
- supervising member of staff feeds back
- tutor writes your references using this
- your responsibility to meet deadlines and honour commitments
- time in tutor period to reflect on your progress and learning.
- log activities on Unifrog, outline what you have been doing and consider what skills and experience you have gained or improved
- use this to write your personal statements for applications to employers, training providers and universities



## What now?

- You've been given a booklet containing a guide to the activities you can do.
- These are coded (A) and (X). You can choose which way you want to go.
  - Academic (A): these activities are more aligned to subject areas and are meant to enhance the skills linked to your learning and allow you to stretch those skills in new ways e.g. supporting lower school lessons, academic mentoring of individual students, EPQ.
  - Extra (X): these activities are more often outside of the classroom environment and tend to incorporate wider or complementary skills e.g. volunteering in a local school, shop or community project, running a club or sporting activity, supporting student wellbeing or mental health projects.
- You need to read through the booklet and put together a proposal for your planned activity. Show your tutor and then you need to find the member of staff involved and arrange with them when and where you will do your volunteering work.
- If you want to take on a role in the canteen, this is an urgent position and will start asap so sign up quickly. You need to do two breaks per week and will get a free lunch. Let your tutor know now so we can pass on names to Mr Brown.
- Bring back the signed arrangements on 19<sup>th</sup> Sept.

"As you grow older, you will discover that you have two hands — one for helping yourself, the other for helping others." — Audrey Hepburn